

# EACLPP Workgroup on Training

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# **Report on training activities throughout Europe:**

## **Training courses for residents in C-L**

### **Nuremberg (May 2006):**

- 2 ½ day workshop in C-L psychiatry and psychosomatics incl. theoretical seminars (120 participants), tutorial and case-presentations (30 participants)

# **Report on training activities throughout Europe:**

## **Courses for advanced training in C-L**

### **Manchester course:**

- organised by Elsbeth Guthrie & Francis Creed
- 1-week course twice a year
- limited size (<24 particip.)
- emphasis on small group work/ service developments/ cases
- exposure to national experts
- Contents:
  - Deliberate self harm services
  - Medico-legal aspects
  - Accident & Emergency
  - Managing Somatisation
  - Reactions to physical illness
  - Developing research proposal
- most UK C-L psychiatrists have attended + other Europeans

# Report on training activities throughout Europe:

## Courses for advanced training in C-L

### **Innsbruck:**

- organised by Wilhelm Kantner-Rumplmair, Gerhard Rumpold & Susanne Maislinger
- 3-day workshop, 34 hours
- 20 participants from different centres in Austria, psychiatrists, psychologists
- exposure to national experts
- Approved by the Austrian Society of Psychiatry and Psychotherapy
- Selection of topics based on the EACLPP Guidelines for Training in C-L e. g.
  - Somatisation
  - Psycho-oncology
  - PTSD
  - Psychosomatics in cardiology
  - Psychological crisis intervention
  - Psychopharmacology
  - Quality management and documentation
  - Funding of C-L

# **Report on training activities throughout Europe:**

## **Communication skills training of GH physicians and nurses**

### **Basel:**

- Communication skills training for physicians (residents and registrars) in the GH
- organised by the Dept. of C-L Psychosomatics (Alexander Kiss, Wolf Langewitz)
- Didactics: Role plays, trained actors play patients, analysis of video-tapes
- Evaluation of efficacy: RCT showed improvement of training compared to control condition (Langewitz W et al., Psychosom Med 60:268-276)

### **Switzerland (Basel, Lausanne):**

- course for oncologists and onco-nurses
- mandatory for oncologists!
- approved and organised by the Swiss Cancer League
- 3 courses with about 35 participants, so far
- Scientific chair: Alexander Kiss, Brigitta Wössmer & Fritz Stiefel

# **Report on training activities throughout Europe:**

## **Communication skills training of GH physicians and nurses**

### **Innsbruck:**

- 28-hour course for physicians and nurses in palliative care
- organised by C-L psychiatrists and psychosomaticists
- 6 courses with ward teams, about 50 participants, so far
- Contents:
  - Communication with the dying and his relatives
  - Pain and symptom management
  - Team aspects (mutual support, quality management)
  - Ethical aspects
- organised by Susanne Maislinger
- Publication: Maislinger S et al., J Psychosom Res (in press)

# Report on training activities throughout Europe:

## Communication skills training of GH physicians and nurses

### Nuremberg

- 30-hour course for physicians of the GH
- organised by C-L psychosomaticists
- 12 courses with about 100 participants, so far
- Contents:
  - Breaking bad news
  - Communication with the somatizing patient
  - Communication with the severely ill and dying patient and his relatives
  - Communication with the non-compliant patient
- Didactics: Analysis of video-taped physician-patient interactions, role plays
- Approved by the Bavarian Board of Physicians („Basic psychosomatic care“)
- organised by Susanne Gutberlet, Elisabeth Wentzlaff & Wolfgang Söllner
- Publication: Gutberlet S et al., Psychologische Medizin 2006;17(3):32-35



# EACLPP **Discussion on guidelines for training program approval: Results**

- **Responsible faculty/head** of C-L training program should have extensive clinical, research and training expertise in C-L psychiatry and psychosomatics
- The **C-L units** where approved training courses are organised should meet specific requirements
  - structural quality (number of **C-L** psychiatrists/psychosomaticists, good integration in GH)
  - number of consultations in different medical areas
  - liaison experience
- C-L training courses should be **certified by National Boards** of Psychiatry and/or Psychosomatic Medicine
- C-L units providing European intensive courses (“centres of excellence”) should be **certified by EACLPP**

# Future tasks

- Recognition of C-L units who are approved to organise training
  - **Action:** Members of the work-group should give feed-back to W. Söllner about requirements for the approval of a C-L course
- We need guidelines and training for teachers (teach the teacher courses?)
- We need training programs for C-L nurses (based on previous experiences, e.g. in Amsterdam and Vienna)
- Training programs for nurses and teachers could be part of the Annual Scientific Meeting
- European „centres of excellence“ organise intensive courses (e. g. Manchester, Innsbruck, Nuremberg)
- Future European School of C-L Psychiatry and Psychosomatics?